

# Open EC/NC Duathlon / Powerman Holland Horst aan de Maas

## 21-04-2013

### Resultat Championnat de Luxembourg Hommes

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	Ch1	Bike	AftBk	Ch2	Run2	Total	DQ
1	102	Nico Klasen	Vianden	Lux	H24	H25	00:48:56	00:01:39	01:34:53	02:25:26	00:01:15	00:27:46	02:54:26	
2	160	Paulo Goncalves	Findel	Lux	H40	H40	00:52:34	00:01:12	01:34:06	02:27:51	00:01:09	00:30:50	02:59:49	
3	130	Dany Papi	Bereldange	Lux	H24	H30	00:52:55	00:01:26	01:36:47	02:31:07	00:01:14	00:31:08	03:03:28	
4	149	Paul Bentner	Berbourg	Lux	H24	H35	00:57:56	00:01:19	01:31:34	02:30:48	00:01:16	00:31:52	03:03:55	
5	109	Pascal Jodocy	Huldange	Lux	H24	H25	00:52:35	00:01:13	01:41:02	02:34:48	00:01:11	00:30:27	03:06:25	
6	106	Timon Svoboda	Luxembourg	Lux	H24	H25	00:56:39	00:01:29	01:35:19	02:33:26	00:01:25	00:31:47	03:06:37	
7	111	Tim Karius	Grevenmacher	Lux	H24	H25	00:52:58	00:01:11	01:42:17	02:36:25	00:01:15	00:31:50	03:09:29	
8	199	Werner Oberweis	Beaufort	Lux	H45	H45	00:57:46	00:01:27	01:36:50	02:36:02	00:01:39	00:32:11	03:09:52	
9	310	Marc Schmitz - open	Schieren	Lux	H24	HO	00:57:56	00:01:34	01:35:29	02:34:59	00:01:43	00:33:11	03:09:52	
10	167	Alain Biren	Luxembourg	Lux	H40	H40	00:57:53	00:01:24	01:41:26	02:40:42	00:01:47	00:32:29	03:14:57	
11	291	Eric Hübsch - open	Contern	Lux	H24	HO	00:57:57	00:01:29	01:41:18	02:40:43	00:01:38	00:32:52	03:15:12	
12	131	Guilhem Dollé	Koerich	Lux	H24	H30	00:57:35	00:01:12	01:43:02	02:41:49	00:01:17	00:33:32	03:16:36	
13	165	Steve Feller	Helmdange	Lux	H40	H40	00:59:00	00:01:22	01:42:49	02:43:11	00:01:37	00:33:16	03:18:03	
14	110	Sam Peters	Müllendorf	Lux	H24	H25	00:59:38	00:01:30	01:40:34	02:41:41	00:01:30	00:36:17	03:19:27	
15	116	Michel Thorn	Luxembourg	Lux	H24	H25	01:03:38	00:01:30	01:40:34	02:45:42	00:01:31	00:33:46	03:20:58	
16	112	Fabien Kieffer	Schieren	Lux	H24	H25	00:56:08	00:02:14	01:48:39	02:47:00	00:01:54	00:35:26	03:24:19	
17	313	Simon Romain - open	Binsfeld	Lux	H24	HO	01:04:08	00:01:31	01:47:09	02:52:48	00:01:38	00:34:30	03:28:55	
18	388	Oliver Paderhuber - open	Diekirch	Lux	H40	HO	00:57:38	00:01:30	01:43:06	02:42:13	00:01:55	00:45:58	03:30:05	
19	113	Bob Wagner	Warken	Lux	H24	H25	01:08:09	00:01:46	01:38:25	02:48:19	00:01:37	00:45:20	03:35:14	
20	153	Gene Posing	Eschdorf	Lux	H24	H35	01:08:58	00:02:04	01:44:55	02:55:56	00:01:37	00:38:50	03:36:22	
21	243	René Schockmel	Niederanven	Lux	H55	H55	01:04:38	00:02:01	01:57:16	03:03:54	00:02:44	00:36:49	03:43:25	
22	387	Tom Schram - open	Berbourg	Lux	H40	HO	01:07:56	00:03:01	01:54:33	03:05:29	00:02:31	00:36:12	03:44:11	
23	336	Marcel Bruijn -open	Steinheim	Lux	H40	HO	01:11:46	00:02:00	01:56:35	03:10:20	00:02:25	00:41:48	03:54:32	
24	301	Fernand Schram -open	Roodt-sur-Syre	Lux	H24	HO	01:11:07	00:02:12	01:57:02	03:10:21	00:02:31	00:43:29	03:56:20	
25	302	Yves Weicker -open	Biwer	Lux	H24	HO	01:11:07	00:03:07	02:01:26	03:15:40				
26	377	Gerard Junker -open	Eisenborn	Lux	H55	HO			02:05:25	03:18:55				

# Horst ETU Powerman Long Distance Duathlon European Championships

## Age Groups by Category

### 30-34 Male AG

cl	ATHLETE FIRST	ATHLETE LAST	NAT	RUN	T1	BIKE	T2	RUN	TOTAL TIME
1	Rutger	Uil	NED	00:53:01	00:01:10	01:35:52	00:01:12	00:28:32	02:59:44
2	Leon	Van Leusen	NED	00:53:52	00:01:11	01:34:50	00:01:22	00:32:10	03:03:24
3	Dany	Papi	LUX	00:52:55	00:01:26	01:36:47	00:01:14	00:31:08	03:03:28
4	Sebastian	Navarro	GBR	00:56:23	00:01:07	01:38:02	00:01:38	00:30:21	03:07:28
5	Daan	Van Leeuwen	NED	00:58:37	00:01:19	01:35:38	00:01:36	00:32:35	03:09:43
6	Sven	Steffens	GER	00:58:41	00:01:09	01:39:57	00:01:19	00:30:50	03:11:54
7	David	Cookson	GBR	00:54:16	00:01:22	01:43:55	00:01:31	00:31:16	03:12:18
8	Dimitri	Huard	FRA	00:51:25	00:01:13	01:38:41	00:01:49	00:40:56	03:14:02
9	Gilhem	Dolle	LUX	00:57:35	00:01:12	01:43:02	00:01:17	00:33:32	03:16:36
10	Mark	Van Ooij	NED	01:00:06	00:01:40	01:41:08	00:01:49	00:35:20	03:20:00
11	Bart	Schilders	NED	01:04:17	00:01:30	01:42:11	00:01:25	00:33:37	03:22:59
12	Hashil	Ramjee	GBR	00:59:25	00:01:33	01:56:06	00:01:17	00:34:47	03:33:07
13	Tieme	Roosjen	NED	01:12:31	00:05:28	01:41:51	00:04:34	00:40:47	03:45:09

### 25-29 Male AG

cl	ATHLETE FIRST	ATHLETE LAST	NAT	RUN	T1	BIKE	T2	RUN	TOTAL TIME
1	Seppe	Odeyn	BEL	00:49:49	00:01:01	01:30:23	00:01:08	00:28:39	02:50:58
2	Nico	Klasen	LUX	00:48:56	00:01:39	01:34:53	00:01:15	00:27:46	02:54:26
3	Mads	Munster Karlssc	DEN	00:51:09	00:01:23	01:41:27	00:01:20	00:28:49	03:04:07
4	Pascal	Jodocy	LUX	00:52:35	00:01:13	01:41:02	00:01:11	00:30:27	03:06:25
5	Timon	Svoboda	LUX	00:56:39	00:01:29	01:35:19	00:01:25	00:31:47	03:06:37
6	Tim	Karius	LUX	00:52:58	00:01:11	01:42:17	00:01:15	00:31:50	03:09:29
7	Martijn	Nooren	NED	00:57:31	00:01:15	01:38:04	00:01:35	00:35:02	03:13:24
8	Sam	Peters	LUX	00:59:38	00:01:30	01:40:34	00:01:30	00:36:17	03:19:27
9	Michel	Thorn	LUX	01:03:38	00:01:30	01:40:34	00:01:31	00:33:46	03:20:58
10	Fabien	Kieffer	LUX	00:56:08	00:02:14	01:48:39	00:01:54	00:35:26	03:24:19
11	Jelmer	Hulsink	NED	01:04:36	00:02:16	01:44:58	00:02:00	00:37:41	03:31:30
12	Bob	Wagner	LUX	01:08:09	00:01:46	01:38:25	00:01:37	00:45:20	03:35:14
13	Gerco	Slotman	NED	01:07:08	00:02:19	02:01:30	00:01:58	00:41:09	03:54:02

# Open EC/NC Duathlon / Powerman Holland Horst aan de Maas

## 21-04-2013

### Result Open EC Sprint Duathlon Age Groups Overall

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	Ch1	Bike	AftBk	Ch2	Run2	Total	DQ
1	519	Tim Van Hemel	Mol	Bel	H20	H20	00:14:32	00:00:43	00:29:52	00:45:06	00:00:41	00:08:50	00:54:36	
2	522	Sam Valgaeren	Westerlo	Bel	H20	H20	00:14:31	00:00:46	00:31:19	00:46:35	00:00:38	00:08:24	00:55:37	
3	1051	Juul van der Kruis		Ned	H20	H20	00:14:46	00:00:44	00:31:09	00:46:39	00:00:40	00:08:41	00:55:59	
4	509	Vincent Van de Walle	Roeselare	Bel	H20	H20	00:15:15	00:00:50	00:30:35	00:46:39	00:00:38	00:08:53	00:56:09	
5	559	Daniel Mannweiler	Bonn	Dui	H24	H30	00:15:06	00:00:46	00:31:18	00:47:09	00:00:40	00:08:38	00:56:26	
6	602	Alan Murchison	Winchester	Gro	H40	H40	00:14:47	00:00:50	00:31:31	00:47:07	00:00:41	00:08:41	00:56:29	
7	506	Erik van der Heijden	Waspik	Ned	H20	H20	00:15:05	00:00:44	00:31:17	00:47:05	00:00:41	00:09:06	00:56:51	
8	533	Alexander Picard	Chaam	Ned	H24	H25	00:15:38	00:00:44	00:30:34	00:46:55	00:00:31	00:09:29	00:56:54	
9	592	Coen de Wit	Arnhem	Ned	H40	H40	00:15:10	00:00:45	00:31:07	00:47:02	00:00:28	00:09:30	00:56:59	
10	540	Christopher Bernard	Clemency	Lux	H24	H25	00:15:22	00:00:44	00:31:48	00:47:54	00:00:34	00:08:51	00:57:18	
11	651	John Aalbers	Nijmegen	Ned	H45	H45	00:15:21	00:00:49	00:31:42	00:47:51	00:00:40	00:08:51	00:57:21	
12	514	Ben Cockburn	Orpington	Gro	H20	H20	00:15:04	00:00:58	00:32:15	00:48:16	00:00:39	00:08:30	00:57:24	
13	560	Lienhard Hersel	Rodenbach	Dui	H24	H30	00:15:55	00:00:48	00:31:15	00:47:56	00:00:42	00:08:48	00:57:25	
14	586	Maiko Mattiussi	Basiliano Udine	Ita	H24	H35	00:15:05	00:00:48	00:32:06	00:47:58	00:00:40	00:08:52	00:57:29	
15	537	Willem Dierckx	Herselt	Bel	H24	H25	00:16:05	00:00:50	00:30:54	00:47:48	00:00:47	00:09:01	00:57:35	
16	511	Thomas Derboven	Langdorp	Bel	H20	H20	00:15:35	00:00:47	00:31:37	00:47:59	00:00:37	00:09:06	00:57:41	
17	508	Joep Staps	Tilburg	Ned	H20	H20	00:15:42	00:00:47	00:31:28	00:47:57	00:00:42	00:09:04	00:57:42	
18	515	Luke Pollard	Telford	Gro	H20	H20	00:15:27	00:00:51	00:31:41	00:47:58	00:00:40	00:09:10	00:57:47	
19	616	Roland Besselink	Ugchelen	Ned	H40	H40	00:16:18	00:00:48	00:30:39	00:47:43	00:00:38	00:09:32	00:57:52	
20	566	Peter Hawkins	Kingsbridge	Gro	H24	H30	00:15:25	00:00:53	00:32:05	00:48:22	00:00:39	00:09:10	00:58:10	
21	510	Bigot Benoit	Besancon	Fra	H20	H20	00:16:03	00:00:47	00:31:30	00:48:19	00:00:40	00:09:18	00:58:16	
22	518	Willem Stuyck	Mol	Bel	H20	H20	00:16:12	00:00:48	00:31:31	00:48:30	00:00:40	00:09:10	00:58:19	
23	548	Craig Palmer	Amphill	Gro	H24	H25	00:15:05	00:01:06	00:32:45	00:48:55	00:00:48	00:08:42	00:58:24	
24	558	Thomas Winkelmann	Niendorf	Dui	H24	H30	00:16:11	00:00:52	00:31:27	00:48:29	00:00:47	00:09:09	00:58:25	
25	544	Lee Cook	Lowestoft	Gro	H24	H25	00:16:14	00:00:55	00:31:24	00:48:32	00:00:39	00:09:24	00:58:35	
26	1431	Gareth Smith	Bodmin	Gro	H16	H16	00:15:26	00:00:57	00:32:19	00:48:41	00:00:41	00:09:16	00:58:37	
27	618	Scott Wilson	Sheffield	Gro	H40	H40	00:15:26	00:01:12	00:31:46	00:48:23	00:01:03	00:09:18	00:58:43	
28	564	Peter Ellis	Wolverhampton	Gro	H24	H30	00:15:30	00:00:54	00:32:36	00:49:00	00:00:45	00:09:07	00:58:50	
29	590	Octavio Perez	Xativa	Spa	H24	H35	00:15:25	00:00:47	00:32:27	00:48:38	00:00:56	00:09:26	00:58:59	
30	512	Daniel Bigham	Brackley	Gro	H20	H20	00:16:38	00:00:48	00:30:52	00:48:17	00:00:41	00:10:03	00:59:01	
31	637	Marcel Montag	Bad Klosterlausnitz	Dui	H45	H45	00:16:10	00:01:02	00:32:03	00:49:15	00:00:45	00:09:04	00:59:03	
32	536	Nick Van Hemel	Wilsese	Bel	H24	H25	00:16:14	00:00:48	00:31:20	00:48:21	00:00:42	00:10:21	00:59:23	
33	641	Craig Dyce	Saffron Walden	Gro	H45	H45	00:16:08	00:00:52	00:32:27	00:49:26	00:00:39	00:09:25	00:59:30	
34	596	Mark Flannery	Richmond	Gro	H40	H40	00:16:41	00:01:01	00:31:48	00:49:29	00:00:47	00:09:37	00:59:52	
35	568	Paul Hart	Wickford	Gro	H24	H30	00:16:51	00:00:55	00:31:33	00:49:18	00:00:53	00:09:43	00:59:53	
36	670	Richard Parker	Hexham	Gro	H50	H50	00:15:58	00:00:49	00:33:24	00:50:10	00:00:36	00:09:09	00:59:55	
37	534	Kolja Milobinski	Bochum	Dui	H24	H25	00:16:32	00:00:48	00:32:19	00:49:38	00:00:44	00:09:43	01:00:05	
38	595	Abbi Westphal	Essen	Dui	H40	H40	00:16:16	00:00:55	00:33:00	00:50:10	00:00:45	00:09:15	01:00:09	
39	538	Maximilian Paech	Germering	Dui	H24	H25	00:16:15	00:00:54	00:33:05	00:50:13	00:00:40	00:09:22	01:00:13	
40	717	Clive Faine	Milton Keynes	Gro	H65	H65	00:17:03	00:00:45	00:32:15	00:50:02	00:00:37	00:09:45	01:00:23	
41	682	Ralf Laermann	Erkelenz	Dui	H55	H55	00:16:52	00:00:57	00:32:27	00:50:15	00:00:52	00:09:22	01:00:28	
42	663	Peter Altner	Halle	Dui	H50	H50	00:16:50	00:01:01	00:32:24	00:50:14	00:00:52	00:09:29	01:00:34	
43	631	Marco Hoogenraad	Rijswijk Zh	Ned	H45	H45	00:17:17	00:01:01	00:31:49	00:50:06	00:00:42	00:09:49	01:00:35	
44	749	Bas van Beek	Epe	Ned	H24	H35	00:16:52	00:00:48	00:32:33	00:50:11	00:00:44	00:09:50	01:00:44	
45	475	Matthew O'Connor	Wakefield	Gro	H16	H16	00:15:26	00:01:02	00:34:33	00:51:00	00:00:45	00:09:02	01:00:46	

46	636	Jaffre Pierrick	Betton	Fra	H45	H45	00:16:52	00:00:44	00:33:13	00:50:48	00:00:28	00:09:37	01:00:52
47	546	David Collins	Wirral	Gro	H24	H25	00:16:51	00:01:07	00:32:19	00:50:15	00:00:48	00:09:56	01:00:58
48	611	David Jackson	Bolton	Gro	H40	H40	00:16:30	00:01:08	00:33:16	00:50:54	00:00:39	00:09:30	01:01:01
49	679	Heinrich Wilmink	Nordhorn	Dui	H55	H55	00:16:56	00:00:49	00:32:29	00:50:14	00:00:47	00:10:03	01:01:03
50	529	India Lee	Little Somborne	Gro	D24	D25	00:16:34	00:00:54	00:33:36	00:51:02	00:00:39	00:09:26	01:01:07
51	578	Mark McCann	Co Westmeath	Ier	H24	H35	00:16:28	00:00:56	00:33:32	00:50:55	00:01:09	00:09:09	01:01:12
52	562	Adrian Ball	Norwich	Gro	H24	H30	00:16:35	00:00:59	00:33:09	00:50:42	00:00:46	00:09:48	01:01:15
53	579	David Knight	Uxbridge	Gro	H24	H35	00:16:52	00:00:56	00:32:54	00:50:40	00:00:46	00:09:53	01:01:19
54	545	Jay Lingwood	Lowestoft	Gro	H24	H25	00:17:05	00:01:09	00:32:51	00:51:04	00:00:50	00:09:29	01:01:22
55	539	Benedikt Paech	Germering	Dui	H24	H25	00:17:11	00:00:57	00:32:40	00:50:47	00:00:45	00:09:53	01:01:24
56	580	Stefan van Neerven	Heerlen	Ned	H24	H35	00:17:52	00:01:03	00:31:23	00:50:16	00:00:48	00:10:29	01:01:32
57	645	Gavin Francis	London	Gro	H45	H45	00:17:49	00:00:51	00:31:22	00:50:01	00:00:48	00:10:50	01:01:38
58	542	Simon Manning	South Croydon	Gro	H24	H25	00:16:31	00:00:59	00:33:30	00:50:59	00:00:47	00:09:54	01:01:39
59	660	Hermann-Josef Limburg	Heinsberg	Dui	H50	H50	00:17:37	00:00:53	00:32:23	00:50:52	00:00:49	00:10:06	01:01:46
60	557	Michael Fischer	Rostock	Dui	H24	H30	00:16:39	00:01:03	00:33:18	00:50:59	00:00:41	00:10:13	01:01:52
61	599	Stefan Gremmens	Callenelle	Bel	H40	H40	00:17:24	00:01:14	00:32:22	00:50:59	00:01:00	00:09:54	01:01:53
62	614	Mark Hanby	Corsham	Gro	H40	H40	00:17:33	00:00:51	00:32:39	00:51:01	00:00:40	00:10:14	01:01:54
63	565	Jon Overman	Desborough	Gro	H24	H30	00:17:07	00:01:00	00:33:05	00:51:11	00:00:54	00:09:50	01:01:55
64	609	Paul Hancock	Churton, Chester	Gro	H40	H40	00:16:58	00:01:06	00:33:04	00:51:07	00:00:55	00:09:55	01:01:56
65	598	Jochen Gutbrod	Jettenburg	Dui	H40	H40	00:17:02	00:01:07	00:33:05	00:51:13	00:00:55	00:09:50	01:01:57
66	706	Barry Jameson	Hexham	Gro	H60	H60	00:17:37	00:00:44	00:32:42	00:51:03	00:00:41	00:10:17	01:02:00
67	608	Leslie Thomas	St Neots	Gro	H40	H40	00:16:58	00:01:08	00:33:59	00:52:04	00:00:42	00:09:28	01:02:13
68	561	Ciaran Doheny	Tipperary	Ier	H24	H30	00:17:05	00:01:00	00:33:19	00:51:23	00:00:49	00:10:02	01:02:14
69	664	Greg Lewis	Haddenham	Gro	H50	H50	00:18:05	00:00:56	00:31:51	00:50:52	00:00:59	00:10:30	01:02:19
70	607	Stuart McLeod	Gillingham	Gro	H40	H40	00:17:39	00:00:52	00:33:17	00:51:47	00:00:38	00:10:00	01:02:24
71	549	Gareth Hughes	Rotherham	Gro	H24	H25	00:17:04	00:00:55	00:33:40	00:51:38	00:00:44	00:10:12	01:02:32
72	525	Tom Valente	Tenterden	Gro	H24	H20	00:16:59	00:00:51	00:33:34	00:51:23	00:00:44	00:10:27	01:02:33
73	532	Maria Hivner	Augsburg	Dui	D24	D25	00:17:23	00:00:52	00:33:31	00:51:45	00:00:40	00:10:16	01:02:40
74	752	Daniel White - open	London	Gro	H50	HO	00:17:29	00:00:50	00:33:54	00:52:13	00:00:38	00:10:03	01:02:52
75	582	Alexander Sobolewski	Kidderminster	Gro	H24	H35	00:17:02	00:00:58	00:34:14	00:52:13	00:00:48	00:09:58	01:02:59
76	615	Shane Wolstencroft	Manchester	Gro	H40	H40	00:17:24	00:00:51	00:34:13	00:52:28	00:00:45	00:09:52	01:03:03
77	694	Roy Flanagan	Rossendale	Gro	H55	H55	00:17:35	00:01:04	00:33:39	00:52:17	00:00:55	00:09:55	01:03:06
78	605	Alex Fife	Plymouth	Gro	H40	H40	00:18:01	00:00:51	00:33:32	00:52:23	00:00:38	00:10:07	01:03:07
79	587	Barron Mendelssohn	Cheshunt	Gro	H24	H35	00:17:36	00:00:54	00:33:51	00:52:20	00:00:43	00:10:05	01:03:07
80	640	Robin Harris	London	Gro	H45	H45	00:18:15	00:00:52	00:33:05	00:52:11	00:00:40	00:10:21	01:03:11
81	492	Dieuwertje Poort	Moergestel	Ned	D20	D20	00:18:17	00:00:49	00:33:19	00:52:24	00:00:36	00:10:14	01:03:13
82	681	Heinz Storz	Ludwigshafen	Dui	H55	H55	00:18:12	00:00:51	00:32:58	00:52:00	00:00:42	00:10:36	01:03:17
83	638	Dan Foster	Dedham	Gro	H45	H45	00:18:07	00:00:53	00:33:28	00:52:27	00:00:43	00:10:21	01:03:31
84	516	Matthew Wackett	Knutsford	Gro	H20	H20	00:17:17	00:00:56	00:34:20	00:52:32	00:00:44	00:10:18	01:03:32
85	585	Colin Weller	Cambridge	Gro	H24	H35	00:17:12	00:01:06	00:34:26	00:52:44	00:00:57	00:09:54	01:03:33
86	684	Wout Graafmans	Gilze	Ned	H55	H55	00:18:18	00:00:49	00:33:17	00:52:23	00:00:37	00:10:36	01:03:35
87	700	Dave Littlemore	Gateshead	Gro	H60	H60	00:17:39	00:00:54	00:34:17	00:52:49	00:00:52	00:10:02	01:03:41
88	704	Dino Beretta	Carnate	Ita	H60	H60	00:17:45	00:00:39	00:34:02	00:52:25	00:01:05	00:10:13	01:03:42
89	583	Steven Paddock	Caterham	Gro	H24	H35	00:17:16	00:01:07	00:34:24	00:52:46	00:00:44	00:10:19	01:03:48
90	601	Steven Kenny	Loughborough	Gro	H40	H40	00:17:58	00:01:18	00:33:52	00:53:07	00:01:05	00:09:41	01:03:53
91	589	Kevan McCartney	Inverkip	Gro	H24	H35	00:17:57	00:01:07	00:33:44	00:52:48	00:00:51	00:10:15	01:03:53
92	675	Dave Gough	Northwich	Gro	H50	H50	00:17:26	00:01:13	00:34:35	00:53:12	00:00:49	00:10:01	01:04:01
93	603	Mark Patterson	Chinnor, Oxon	Gro	H40	H40	00:18:15	00:01:09	00:33:13	00:52:36	00:01:04	00:10:27	01:04:06
94	524	David Kirk	Reading	Gro	H24	H20	00:17:03	00:01:20	00:35:20	00:53:42	00:00:51	00:09:45	01:04:17
95	513	Jack Gover	Trowbridge	Gro	H20	H20	00:17:32	00:01:05	00:33:43	00:52:18	00:00:55	00:11:05	01:04:17
96	646	David Morley	Leeds	Gro	H45	H45	00:18:11	00:01:02	00:33:39	00:52:51	00:00:45	00:10:44	01:04:18

97	478	Harry Pink	Chichester	Gro	H16	H16	00:17:50	00:00:54	00:34:32	00:53:15	00:00:44	00:10:21	01:04:20
98	563	Jamie Stentafor	Uxbridge	Gro	H24	H30	00:17:02	00:01:15	00:34:58	00:53:14	00:01:08	00:10:03	01:04:24
99	501	Anna Noguera	Igualada	Spa	D20	D20	00:17:38	00:00:52	00:35:06	00:53:35	00:00:47	00:10:07	01:04:28
100	593	Martijn Kogelman	Zwolle	Ned	H40	H40	00:18:08	00:01:09	00:33:48	00:53:04	00:00:53	00:10:39	01:04:35
101	669	Jon Cowell	Woburn	Gro	H50	H50	00:18:21	00:00:57	00:34:19	00:53:37	00:00:44	00:10:19	01:04:39
102	626	Jacqui Phillips	Ombersley	Gro	D45	D45	00:17:59	00:01:05	00:33:38	00:52:41	00:01:18	00:10:48	01:04:47
103	613	Paul Underwood	Solihull	Gro	H40	H40	00:18:10	00:01:05	00:33:48	00:53:02	00:00:59	00:10:50	01:04:49
104	543	Andrew Green	Tunbridge Wells	Gro	H24	H25	00:17:18	00:01:08	00:35:13	00:53:38	00:00:56	00:10:20	01:04:53
105	526	Juriena de Vries	Nijmegen	Ned	D24	D25	00:18:00	00:00:54	00:34:58	00:53:51	00:00:45	00:10:19	01:04:54
106	502	Eloise du Luart	Moreton in Marsh	Gro	D20	D20	00:16:55	00:01:06	00:36:29	00:54:29	00:00:44	00:09:43	01:04:56
107	680	Claus Mees	Ludwigshafen	Dui	H55	H55	00:18:30	00:00:53	00:33:43	00:53:05	00:01:14	00:10:46	01:05:04
108	672	Stephen Valentine	London	Gro	H50	H50	00:17:57	00:01:08	00:34:42	00:53:46	00:00:57	00:10:23	01:05:06
109	648	Adrian Wadsworth	Ampthill	Gro	H45	H45	00:17:06	00:01:11	00:33:20	00:51:36	00:01:18	00:12:26	01:05:19
110	571	Tim Gilbert	Stevenage	Gro	H24	H30	00:17:47	00:01:04	00:35:37	00:54:27	00:00:52	00:10:17	01:05:34
111	550	Mathilde Pauls	Exeter	Gro	D24	D30	00:18:45	00:01:18	00:33:26	00:53:27	00:01:16	00:10:53	01:05:36
112	535	David Bowkett	Reynoldston	Gro	H24	H25	00:17:47	00:00:57	00:35:07	00:53:50	00:01:17	00:10:30	01:05:36
113	665	David Robbins	Petersfield	Gro	H50	H50	00:18:36	00:01:14	00:34:35	00:54:23	00:00:52	00:10:22	01:05:36
114	671	Nigel Arlidge	Coventry	Gro	H50	H50	00:18:32	00:01:04	00:34:53	00:54:28	00:00:53	00:10:20	01:05:40
115	683	Stirling Farmer	Hunnington	Gro	H55	H55	00:19:02	00:01:09	00:34:14	00:54:24	00:00:47	00:10:33	01:05:44
116	588	James Grantham	Andover	Gro	H24	H35	00:17:08	00:00:53	00:36:34	00:54:34	00:00:48	00:10:31	01:05:52
117	686	Geoffrey Brewster	Chatteris	Gro	H55	H55	00:18:08	00:01:09	00:35:05	00:54:21	00:00:55	00:10:38	01:05:53
118	705	Ron Skilling	Bowdon	Gro	H60	H60	00:18:49	00:00:41	00:35:03	00:54:32	00:00:48	00:10:46	01:06:05
119	477	Sam Pillans	Petersfield	Gro	H16	H16	00:17:47	00:00:45	00:36:03	00:54:33	00:00:34	00:11:00	01:06:06
120	499	Marine Chalaye	St Cyr Sous Dourdan	Fra	D20	D20	00:18:46	00:00:57	00:34:54	00:54:36	00:00:40	00:10:56	01:06:11
121	685	William Reed	Winchester	Gro	H55	H55	00:18:50	00:00:56	00:34:59	00:54:43	00:00:51	00:10:39	01:06:12
122	748	Fran Bungay	Wareham	Gro	D24	D35	00:18:20	00:01:02	00:35:14	00:54:35	00:00:46	00:10:53	01:06:13
123	597	Marco Jansen	Heesch	Ned	H40	H40	00:19:16	00:00:56	00:34:09	00:54:20	00:01:04	00:10:51	01:06:15
124	612	Craig Comery	Derby	Gro	H40	H40	00:18:38	00:00:59	00:34:55	00:54:31	00:00:49	00:11:02	01:06:20
125	668	Kevin Gover	Trowbridge	Gro	H50	H50	00:19:09	00:01:01	00:34:10	00:54:19	00:00:59	00:11:04	01:06:21
126	695	Ron Hendriks	Wijchen	Ned	H55	H55	00:20:03	00:01:00	00:33:13	00:54:15	00:00:50	00:11:20	01:06:25
127	696	Nicholas John Dinsdale	Clitheroe	Gro	H55	H55	00:18:49	00:01:05	00:34:24	00:54:18	00:01:05	00:11:15	01:06:36
128	556	Michiel Broeksma	Zwolle	Ned	H24	H30	00:18:18	00:01:00	00:34:19	00:53:36	00:00:53	00:12:14	01:06:42
129	621	Anke Lakies	Bad Oldesloe	Dui	D45	D45	00:18:57	00:01:01	00:35:15	00:55:12	00:00:48	00:10:45	01:06:43
130	495	Cindy van der Avoort	Nijmegen	Ned	D20	D20	00:18:36	00:00:47	00:35:48	00:55:11	00:00:45	00:10:55	01:06:49
131	584	Chris Aitken	Wokingham	Gro	H24	H35	00:18:26	00:01:31	00:35:21	00:55:16	00:00:48	00:10:49	01:06:53
132	650	Paul Wain	Macclesfield	Gro	H45	H45	00:17:55	00:00:58	00:35:46	00:54:39	00:00:57	00:11:21	01:06:56
133	569	Craig Lane	Brough	Gro	H24	H30	00:18:09	00:01:02	00:36:22	00:55:32	00:00:45	00:10:40	01:06:56
134	572	Christine Bertram	Eastbourne	Gro	D24	D35	00:18:42	00:00:53	00:36:09	00:55:43	00:00:44	00:10:47	01:07:13
135	604	Christian Roth	Sasbach	Dui	H40	H40	00:18:35	00:01:13	00:35:13	00:55:00	00:01:16	00:11:05	01:07:20
136	577	Mark McManus	Larne	Ier	H24	H35	00:17:53	00:01:00	00:36:47	00:55:39	00:00:52	00:10:57	01:07:26
137	661	Mark Waaijbergen	Brummen	Ned	H50	H50	00:18:13	00:01:13	00:36:04	00:55:28	00:00:56	00:11:14	01:07:37
138	647	Andrew Bowler	Gerrards Cross	Gro	H45	H45	00:19:01	00:01:13	00:36:05	00:56:18	00:01:01	00:10:27	01:07:45
139	530	Samantha Anderson	Stourport On Severn	Gro	D24	D25	00:18:43	00:01:11	00:36:20	00:56:13	00:00:48	00:10:50	01:07:50
140	676	Steve Grout	Epsom	Gro	H50	H50	00:19:08	00:01:09	00:36:01	00:56:17	00:01:01	00:10:40	01:07:57
141	644	Simon Powell	Horley	Gro	H45	H45	00:20:25	00:01:07	00:33:55	00:55:26	00:01:00	00:11:33	01:07:57
142	710	James Chisholm	Barnsley	Gro	H60	H60	00:19:11	00:01:03	00:36:05	00:56:18	00:00:47	00:10:56	01:08:01
143	666	Matt Rylatt	York	Gro	H50	H50	00:19:19	00:00:55	00:34:56	00:55:08	00:01:06	00:11:49	01:08:03
144	656	Haike Nillesen	Eelde	Ned	D50	D50	00:19:19	00:00:55	00:36:01	00:56:15	00:00:51	00:11:01	01:08:06
145	619	Lee Harkness	Helmshore	Gro	H40	H40	00:19:18	00:01:11	00:35:51	00:56:19	00:00:48	00:11:04	01:08:10
146	753	Adam Pyzio -open	Erkelenz	Dui	H55	HO	00:19:14	00:01:10	00:36:10	00:56:33	00:00:49	00:10:55	01:08:16
147	517	Matt Mills	Sheffield	Gro	H20	H20	00:18:19	00:01:19	00:36:43	00:56:20	00:01:06	00:11:05	01:08:30
148	692	Carlo Croce	Milano	Ita	H55	H55	00:19:22	00:00:54	00:35:59	00:56:13	00:00:53	00:11:31	01:08:37

149	527	Suzanne Robinson	Haddenham, Bucks	Gro	D24	D25	00:20:53	00:01:05	00:34:14	00:56:11	00:00:53	00:11:35	01:08:38
150	478	Jake Pillans	Petersfield	Gro	H16	H16	00:17:47	00:00:47	00:37:36	00:56:09	00:00:31	00:12:00	01:08:39
151	552	Charlotte Harris	Oxford	Gro	D24	D30	00:18:07	00:01:07	00:38:13	00:57:26	00:00:48	00:10:29	01:08:42
152	737	Polly Rogers-Dixon	London	Ier	D45	D45	00:18:54	00:00:58	00:36:57	00:56:48	00:01:02	00:11:00	01:08:49
153	573	Jennifer Spillane	NR buxton	Gro	D24	D35	00:18:29	00:01:08	00:37:26	00:57:02	00:00:55	00:11:02	01:08:57
154	701	Tom Berkouwer	Vlaardingeng	Ned	H60	H60	00:19:57	00:01:07	00:35:33	00:56:36	00:01:07	00:11:19	01:09:01
155	634	Nils Peter	Bad Oldesloe	Dui	H45	H45	00:19:29	00:00:58	00:36:04	00:56:29	00:00:48	00:11:52	01:09:08
156	688	Tim Randell	Rugby	Gro	H55	H55	00:19:00	00:01:13	00:36:28	00:56:39	00:00:59	00:11:33	01:09:11
157	570	Graeme Wrightson	Hull	Gro	H24	H30	00:19:06	00:01:20	00:36:44	00:57:09	00:00:56	00:11:10	01:09:14
158	632	Michael Duke	Eastbourne	Gro	H45	H45	00:18:48	00:01:19	00:36:39	00:56:45	00:01:18	00:11:18	01:09:20
159	551	Erica Martin	Haywards Heath	Gro	D24	D30	00:18:47	00:01:09	00:38:23	00:58:18	00:01:02	00:10:19	01:09:39
160	652	Patrick Kegels	Mechelen	Bel	H45	H45	00:19:52	00:01:18	00:34:57	00:56:05	00:01:32	00:12:05	01:09:41
161	754	Karl-Heinz Tiefengraber	Mürzsteg	Oos	H70	H70	00:21:02	00:01:22	00:35:04	00:57:28	00:00:50	00:11:26	01:09:43
162	643	Patrick O'Connor	Wakefield	Gro	H45	H45	00:19:05	00:01:15	00:37:27	00:57:46	00:01:05	00:10:54	01:09:45
163	591	Sue Walker	Okehampton	Gro	D40	D40	00:19:14	00:01:13	00:37:50	00:58:17	00:01:03	00:10:34	01:09:52
164	567	James Wilson	Southampton	Gro	H24	H30	00:19:17	00:01:01	00:37:54	00:58:10	00:00:44	00:10:59	01:09:52
165	702	Derek Bardsley	Dorchester	Gro	H60	H60	00:20:26	00:01:10	00:35:07	00:56:42	00:01:05	00:12:11	01:09:57
166	555	Holly Ferrar	Plymouth	Gro	D24	D30	00:19:50	00:01:15	00:36:31	00:57:35	00:01:00	00:11:25	01:09:59
167	600	Stuart Reilly	Denham	Gro	H40	H40	00:20:04	00:01:11	00:35:30	00:56:44	00:00:56	00:12:21	01:10:01
168	716	Roland Jochem	Bad Dürkheim	Dui	H65	H65	00:21:12	00:01:00	00:34:58	00:57:09	00:00:49	00:12:08	01:10:05
169	528	Lauren Bradshaw	Nottingham	Gro	D24	D25	00:19:17	00:01:04	00:38:58	00:59:18	00:00:42	00:10:46	01:10:45
170	624	Diana Mull	Bornhöved	Dui	D45	D45	00:20:08	00:01:08	00:37:20	00:58:35	00:00:53	00:11:32	01:10:59
171	677	Keith Emery	Wigan	Gro	H50	H50	00:19:02	00:01:17	00:38:27	00:58:45	00:01:20	00:11:05	01:11:09
172	547	Alex Cartney	Northwich	Gro	H24	H25	00:19:43	00:01:33	00:37:40	00:58:56	00:00:56	00:11:29	01:11:20
173	667	Jeremy Stoneham	Bath	Gro	H50	H50	00:19:18	00:01:10	00:38:14	00:58:42	00:00:55	00:11:46	01:11:21
174	703	Malcolm Hector	Stirling	Gro	H60	H60	00:20:24	00:00:53	00:38:03	00:59:19	00:00:47	00:11:20	01:11:25
175	554	Lydia Adelin	Derby	Gro	D24	D30	00:20:50	00:01:00	00:36:33	00:58:21	00:00:52	00:12:22	01:11:35
176	708	Peter Jagan	Keighley	Gro	H60	H60	00:20:27	00:01:18	00:37:48	00:59:32	00:00:59	00:11:15	01:11:44
177	690	Paul Winter	Brighton	Gro	H55	H55	00:20:28	00:01:17	00:36:54	00:58:37	00:00:58	00:12:12	01:11:45
178	735	Elizabeth O'Connor	London	Ier	D50	D50	00:20:03	00:01:04	00:38:14	00:59:20	00:01:00	00:11:33	01:11:51
179	674	Simon Woodward	Kingsley	Gro	H50	H50	00:20:21	00:01:26	00:37:47	00:59:33	00:01:02	00:11:24	01:11:59
180	714	Michael Smallwood	Daventry	Gro	H65	H65	00:22:06	00:01:17	00:35:18	00:58:40	00:00:59	00:12:29	01:12:07
181	719	Ernst Zeh	Groß-Gerau	Dui	H70	H70	00:22:11	00:01:11	00:35:55	00:59:16	00:00:51	00:12:29	01:12:35
182	531	Rebecca Cousins	Spalding	Gro	D24	D25	00:18:07	00:01:03	00:42:30	01:01:39	00:00:49	00:10:23	01:12:50
183	713	Hans Fröbeler	Bergisch Gladbach	Dui	H65	H65	00:21:46	00:00:55	00:37:26	01:00:05	00:00:44	00:12:05	01:12:53
184	498	Anne Reintjes	Castenray	Ned	D20	D20	00:21:35	00:00:55	00:35:58	00:58:27	00:00:47	00:13:52	01:13:05
185	610	David Stringer	Horsham	Gro	H40	H40	00:20:47	00:01:28	00:38:03	01:00:17	00:01:00	00:12:22	01:13:37
186	691	Geoff Newman	Fleet	Gro	H55	H55	00:20:57	00:01:12	00:38:32	01:00:40	00:01:01	00:12:09	01:13:50
187	655	Gabi Hirsemann	Berlin	Dui	D50	D50	00:19:51	00:01:06	00:40:31	01:01:27	00:01:08	00:11:22	01:13:56
188	709	Keith Lyon	Folkestone	Gro	H60	H60	00:21:21	00:01:10	00:38:07	01:00:37	00:01:10	00:12:12	01:13:58
189	659	Kathrin Kaindl	Neustadt	Dui	D50	D50	00:21:34	00:01:02	00:38:36	01:01:11	00:01:06	00:12:27	01:14:43
190	751	Bert Aßmy - open	Fuldatal	Dui	H50	HO	00:22:11	00:01:24	00:37:29	01:01:03	00:01:07	00:12:50	01:14:59
191	687	Howard Beale	Northampton	Gro	H55	H55	00:22:21	00:01:19	00:36:59	01:00:39	00:01:10	00:13:42	01:15:29
192	697	Ria Jotter	Dannstadt	Dui	D60	D60	00:21:42	00:01:13	00:39:13	01:02:06	00:01:02	00:12:32	01:15:39
193	635	Keena Braun	Bornhöved	Dui	H45	H45	00:21:46	00:01:03	00:39:03	01:01:51	00:01:03	00:13:05	01:15:59
194	620	Guusje Vrethen	Maastricht	Ned	D45	D45	00:23:09	00:01:37	00:37:15	01:02:00	00:00:55	00:13:24	01:16:19
195	625	Rachel Kenny	Loughborough	Gro	D45	D45	00:21:28	00:01:18	00:40:40	01:03:25	00:01:02	00:12:00	01:16:26
196	711	Norman Purnell	Wigan	Gro	H60	H60	00:22:19	00:01:26	00:38:41	01:02:26	00:01:12	00:13:03	01:16:39
197	500	Vicky Smith	Reading	Gro	D20	D20	00:22:16	00:00:57	00:39:00	01:02:13	00:00:55	00:14:05	01:17:12
198	574	Kate Peers	Knutsford	Gro	D24	D35	00:22:50	00:01:16	00:39:03	01:03:07	00:00:59	00:13:11	01:17:16
199	653	Susanne Apfel	Pfarrkirchen	Dui	D50	D50	00:21:54	00:01:24	00:40:17	01:03:34	00:01:01	00:12:50	01:17:24

200	736	Maureen Wilkens	Manchester	Gro	D45	D45	00:21:21	00:01:20	00:40:43	01:03:23	00:01:15	00:13:05	01:17:42
201	622	Gaby Kerkhoffs	Valkenburg Lb	Ned	D45	D45	00:22:22	00:01:09	00:40:03	01:03:33	00:00:50	00:13:27	01:17:48
202	720	Bob Thomas	Rustington	Gro	H70	H70	00:23:54	00:00:58	00:39:12	01:04:04	00:00:43	00:13:47	01:18:32
203	698	Sharon Bardsley	Dorchester	Gro	D60	D60	00:21:28	00:01:32	00:41:40	01:04:38	00:01:20	00:12:43	01:18:40
204	627	Rachael Slack	Milton Keynes	Gro	D45	D45	00:21:42	00:01:18	00:42:37	01:05:36	00:00:58	00:12:42	01:19:14
205	673	Nick Beale	Daventry	Gro	H50	H50	00:23:14	00:01:15	00:39:56	01:04:24	00:01:07	00:13:56	01:19:27
206	707	Paul Turner	Gloucester	Gro	H60	H60	00:22:53	00:00:58	00:41:27	01:05:17	00:00:46	00:13:44	01:19:45
207	594	Mike Bornschein	Königswinter	Dui	H40	H40	00:21:27	00:01:40	00:42:24	01:05:30	00:01:38	00:13:09	01:20:15
208	715	Werner Nesseler	Kaiserslautern	Dui	H65	H65	00:24:09	00:01:37	00:41:03	01:06:49	00:01:23	00:13:15	01:21:27
209	723	Theo Herberger	Rülzheim	Dui	H75	H75	00:26:51	00:02:00	00:36:41	01:05:31	00:01:27	00:15:17	01:22:14
210	628	Tracey Apperley	Great Bradley	Gro	D45	D45	00:21:52	00:01:19	00:45:42	01:08:51	00:01:14	00:12:51	01:22:55
211	724	Josef Osterkamp	Coesfeld	Dui	H75	H75	00:26:49	00:01:34	00:38:13	01:06:36	00:01:57	00:16:00	01:24:33
212	689	Piotr Bienkowski	Southport	Gro	H55	H55	00:24:47	00:01:20	00:43:26	01:09:32	00:01:19	00:13:58	01:24:48
213	755	André Van Puyenbroeck - open	Asse	Bel	H70	HO	00:25:37	00:01:09	00:42:48	01:09:33	00:00:54	00:14:28	01:24:54
214	726	Brigitta Honingh	Grubbenvorst	Ned	D45	D45	00:24:10	00:01:21	00:44:15	01:09:45	00:01:24	00:13:53	01:25:01
215	553	Hélène Belmans	CHester	Gro	D24	D30	00:25:32	00:01:32	00:40:00	01:07:03	00:01:48	00:16:48	01:25:38
216	712	Christian Galtier	Rueil Malmaison	Fra	H65	H65	00:25:47	00:01:53	00:41:52	01:09:30	00:01:42	00:15:10	01:26:22
217	699	Jo Klerken	Venlo	Ned	H60	H60	00:25:46	00:01:10	00:43:20	01:10:15	00:01:03	00:15:23	01:26:40
218	654	Monika Suhrbier	Norderstedt	Dui	D50	D50	00:25:59	00:01:00	00:43:59	01:10:57	00:00:55	00:15:09	01:27:00
219	718	Frieda Metz	Hadamar	Dui	D70	D70	00:27:10	00:01:54	00:42:41	01:11:44	00:02:05	00:15:56	01:29:44
220	657	Helen Mendoza	Brighton	Gro	D50	D50	00:25:48	00:01:13	00:47:33	01:14:33	00:00:53	00:14:47	01:30:13
221	662	Austin O'Sullivan	Dublin	Ier	H50	H50	00:24:18	00:01:39	00:47:21	01:13:17	00:01:30	00:15:34	01:30:20
222	678	Sandra Powell-Bevan	Rugby	Gro	D55	D55	00:25:11	00:01:30	00:46:54	01:13:34	00:01:48	00:15:44	01:31:05
223	725	Brian Wilfred Forster	AshtonHayes, Chester	Gro	H80	H80	00:29:18	00:01:19	00:47:51	01:18:28	00:01:12	00:17:28	01:37:06
224	722	Maurice Young	Braintree	Gro	H75	H75	00:32:32	00:02:15	00:44:47	01:19:32	00:02:01	00:18:49	01:40:21
225	721	Gabriele Pelz	Augsburg	Dui	D75	D75	00:41:01	00:01:35	00:52:17	01:34:52	00:01:18	00:23:08	01:59:17
226	606	Nathan Jansen	Stalybridge	Gro	H40	H40	00:17:22	00:00:53					
227	630	Alfred Spieker	Achern	Dui	H45	H45	00:18:35	00:01:00					
228	642	Thomas Heider	Offstein	Dui	H45	H45	00:16:55	00:01:05					
229	649	Vincent Roe	Silverstone	Gro	H45	H45	00:20:48	00:01:10					
230	747	Lee Piercy	Bournemouth	Gro	H40	H40							

**Open EC/NC Duathlon / Powerman Holland Horst aan de Maas 21-04-2013**

## Result Open EC Sprint Duathlon Age Groups by Category

## Men 16-20

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	1431	Gareth Smith	Bodmin	Gro	H16	H16	00:15:26	1	00:00:57	00:32:19	1	00:48:41	1	00:00:41	00:09:16	2	00:58:37	
2	475	Matthew O'Connor	Wakefield	Gro	H16	H16	00:15:26	2	00:01:02	00:34:33	3	00:51:00	2	00:00:45	00:09:02	1	01:00:46	
3	478	Harry Pink	Chichester	Gro	H16	H16	00:17:50	5	00:00:54	00:34:32	2	00:53:15	3	00:00:44	00:10:21	3	01:04:20	
4	477	Sam Pillans	Petersfield	Gro	H16	H16	00:17:47	4	00:00:45	00:36:03	4	00:54:33	4	00:00:34	00:11:00	4	01:06:06	
5	478	Jake Pillans	Petersfield	Gro	H16	H16	00:17:47	3	00:00:47	00:37:36	5	00:56:09	5	00:00:31	00:12:00	5	01:08:39	

## Men 20-25

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	519	Tim Van Hemel	Mol	Bel	H20	H20	00:14:32	2	00:00:43	00:29:52	1	00:45:06	1	00:00:41	00:08:50	4	00:54:36	
2	522	Sam Valgaeren	Westerlo	Bel	H20	H20	00:14:31	1	00:00:46	00:31:19	6	00:46:35	2	00:00:38	00:08:24	1	00:55:37	
3	1051	Juul van der Kruis		Ned	H20	H20	00:14:46	3	00:00:44	00:31:09	4	00:46:39	3	00:00:40	00:08:41	3	00:55:59	
4	509	Vincent Van de Walle	Roeselare	Bel	H20	H20	00:15:15	6	00:00:50	00:30:35	2	00:46:39	4	00:00:38	00:08:53	5	00:56:09	
5	506	Erik van der Heijden	Waspik	Ned	H20	H20	00:15:05	5	00:00:44	00:31:17	5	00:47:05	5	00:00:41	00:09:06	7	00:56:51	
6	514	Ben Cockburn	Orpington	Gro	H20	H20	00:15:04	4	00:00:58	00:32:15	12	00:48:16	9	00:00:39	00:08:30	2	00:57:24	
7	511	Thomas Derboven	Langdorp	Bel	H20	H20	00:15:35	8	00:00:47	00:31:37	10	00:47:59	8	00:00:37	00:09:06	8	00:57:41	
8	508	Joep Staps	Tilburg	Ned	H20	H20	00:15:42	9	00:00:47	00:31:28	7	00:47:57	6	00:00:42	00:09:04	6	00:57:42	
9	515	Luke Pollard	Telford	Gro	H20	H20	00:15:27	7	00:00:51	00:31:41	11	00:47:58	7	00:00:40	00:09:10	9	00:57:47	
10	510	Bigot Benoit	Besancon	Fra	H20	H20	00:16:03	10	00:00:47	00:31:30	8	00:48:19	11	00:00:40	00:09:18	11	00:58:16	
11	518	Willem Stuyck	Mol	Bel	H20	H20	00:16:12	11	00:00:48	00:31:31	9	00:48:30	12	00:00:40	00:09:10	10	00:58:19	
12	512	Daniel Bigham	Brackley	Gro	H20	H20	00:16:38	12	00:00:48	00:30:52	3	00:48:17	10	00:00:41	00:10:03	12	00:59:01	
13	525	Tom Valente	Tenterden	Gro	H24	H20	00:16:59	24	00:00:51	00:33:34	30	00:51:23	30	00:00:44	00:10:27	39	01:02:33	
14	516	Matthew Wackett	Knutsford	Gro	H20	H20	00:17:17	13	00:00:56	00:34:20	14	00:52:32	14	00:00:44	00:10:18	13	01:03:32	
15	524	David Kirk	Reading	Gro	H24	H20	00:17:03	28	00:01:20	00:35:20	41	00:53:42	40	00:00:51	00:09:45	18	01:04:17	
16	513	Jack Gover	Trowbridge	Gro	H20	H20	00:17:32	14	00:01:05	00:33:43	13	00:52:18	13	00:00:55	00:11:05	15	01:04:17	
17	517	Matt Mills	Sheffield	Gro	H20	H20	00:18:19	15	00:01:19	00:36:43	15	00:56:20	15	00:01:06	00:11:05	14	01:08:30	

## Men 25-30

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	533	Alexander Picard	Chaam	Ned	H24	H25	00:15:38	8	00:00:44	00:30:34	1	00:46:55	1	00:00:31	00:09:29	15	00:56:54	
2	540	Christopher Bernard	Clemency	Lux	H24	H25	00:15:22	4	00:00:44	00:31:48	10	00:47:54	4	00:00:34	00:08:51	4	00:57:18	
3	537	Willem Dierckx	Herselt	Bel	H24	H25	00:16:05	10	00:00:50	00:30:54	2	00:47:48	3	00:00:47	00:09:01	6	00:57:35	
4	548	Craig Palmer	Amphill	Gro	H24	H25	00:15:05	2	00:01:06	00:32:45	19	00:48:55	12	00:00:48	00:08:42	2	00:58:24	
5	544	Lee Cook	Lowestoft	Gro	H24	H25	00:16:14	13	00:00:55	00:31:24	7	00:48:32	10	00:00:39	00:09:24	12	00:58:35	
6	536	Nick Van Hemel	Wilsele	Bel	H24	H25	00:16:14	12	00:00:48	00:31:20	5	00:48:21	7	00:00:42	00:10:21	37	00:59:23	
7	534	Kolja Milobinski	Bochum	Dui	H24	H25	00:16:32	17	00:00:48	00:32:19	14	00:49:38	15	00:00:44	00:09:43	17	01:00:05	
8	538	Maximilian Paech	Germering	Dui	H24	H25	00:16:15	14	00:00:54	00:33:05	23	00:50:13	17	00:00:40	00:09:22	11	01:00:13	
9	546	David Collins	Wirral	Gro	H24	H25	00:16:51	20	00:01:07	00:32:19	13	00:50:15	18	00:00:48	00:09:56	26	01:00:58	
10	545	Jay Lingwood	Lowestoft	Gro	H24	H25	00:17:05	31	00:01:09	00:32:51	20	00:51:04	26	00:00:50	00:09:29	14	01:01:22	
11	539	Benedikt Paech	Germering	Dui	H24	H25	00:17:11	34	00:00:57	00:32:40	18	00:50:47	22	00:00:45	00:09:53	22	01:01:24	
12	542	Simon Manning	South Croydon	Gro	H24	H25	00:16:31	16	00:00:59	00:33:30	28	00:50:59	24	00:00:47	00:09:54	25	01:01:39	



13	549	Gareth Hughes	Rotherham	Gro	H24 H25	00:17:04	29	00:00:55	00:33:40	31	00:51:38	31	00:00:44	00:10:12	31	01:02:32
14	543	Andrew Green	Tunbridge Wells	Gro	H24 H25	00:17:18	37	00:01:08	00:35:13	40	00:53:38	39	00:00:56	00:10:20	36	01:04:53
15	535	David Bowkett	Reynoldston	Gro	H24 H25	00:17:47	40	00:00:57	00:35:07	39	00:53:50	41	00:01:17	00:10:30	41	01:05:36
16	547	Alex Cartney	Northwich	Gro	H24 H25	00:19:43	49	00:01:33	00:37:40	48	00:58:56	49	00:00:56	00:11:29	48	01:11:20

## Men 30-35

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total
1	559	Daniel Mannweiler	Bonn	Dui	H24	H30	00:15:06	3	00:00:46	00:31:18	4	00:47:09	2	00:00:40	00:08:38	1	00:56:26
2	560	Lienhard Hersel	Rodenbach	Dui	H24	H30	00:15:55	9	00:00:48	00:31:15	3	00:47:56	5	00:00:42	00:08:48	3	00:57:25
3	566	Peter Hawkins	Kingsbridge	Gro	H24	H30	00:15:25	5	00:00:53	00:32:05	11	00:48:22	8	00:00:39	00:09:10	10	00:58:10
4	558	Thomas Winkelmann	Niendorf	Dui	H24	H30	00:16:11	11	00:00:52	00:31:27	8	00:48:29	9	00:00:47	00:09:09	9	00:58:25
5	564	Peter Ellis	Wolverhampton	Gro	H24	H30	00:15:30	7	00:00:54	00:32:36	17	00:49:00	13	00:00:45	00:09:07	7	00:58:50
6	568	Paul Hart	Wickford	Gro	H24	H30	00:16:51	21	00:00:55	00:31:33	9	00:49:18	14	00:00:53	00:09:43	16	00:59:53
7	562	Adrian Ball	Norwich	Gro	H24	H30	00:16:35	18	00:00:59	00:33:09	25	00:50:42	21	00:00:46	00:09:48	19	01:01:15
8	557	Michael Fischer	Rostock	Dui	H24	H30	00:16:39	19	00:01:03	00:33:18	26	00:50:59	25	00:00:41	00:10:13	32	01:01:52
9	565	Jon Overman	Desborough	Gro	H24	H30	00:17:07	32	00:01:00	00:33:05	24	00:51:11	28	00:00:54	00:09:50	21	01:01:55
10	561	Ciaran Doheny	Tipperary	Ier	H24	H30	00:17:05	30	00:01:00	00:33:19	27	00:51:23	29	00:00:49	00:10:02	28	01:02:14
11	563	Jamie Stentaford	Uxbridge	Gro	H24	H30	00:17:02	27	00:01:15	00:34:58	38	00:53:14	37	00:01:08	00:10:03	29	01:04:24
12	571	Tim Gilbert	Stevenage	Gro	H24	H30	00:17:47	39	00:01:04	00:35:37	43	00:54:27	42	00:00:52	00:10:17	34	01:05:34
13	556	Michiel Broeksma	Zwolle	Ned	H24	H30	00:18:18	45	00:01:00	00:34:19	35	00:53:36	38	00:00:53	00:12:14	49	01:06:42
14	569	Craig Lane	Brough	Gro	H24	H30	00:18:09	44	00:01:02	00:36:22	44	00:55:32	45	00:00:45	00:10:40	43	01:06:56
15	570	Graeme Wrightson	Hull	Gro	H24	H30	00:19:06	47	00:01:20	00:36:44	46	00:57:09	47	00:00:56	00:11:10	47	01:09:14
16	567	James Wilson	Southampton	Gro	H24	H30	00:19:17	48	00:01:01	00:37:54	49	00:58:10	48	00:00:44	00:10:59	46	01:09:52

## Men 35-40

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	I
1	586	Maiko Mattiussi	Basiliano Udine	Ita	H24	H35	00:15:05	1	00:00:48	00:32:06	12	00:47:58	6	00:00:40	00:08:52	5	00:57:29	
2	590	Octavio Perez	Xativa	Spa	H24	H35	00:15:25	6	00:00:47	00:32:27	15	00:48:38	11	00:00:56	00:09:26	13	00:58:59	
3	749	Bas van Beek	Epe	Ned	H24	H35	00:16:52	22	00:00:48	00:32:33	16	00:50:11	16	00:00:44	00:09:50	20	01:00:44	
4	578	Mark McCann	Co Westmeath	Ier	H24	H35	00:16:28	15	00:00:56	00:33:32	29	00:50:55	23	00:01:09	00:09:09	8	01:01:12	
5	579	David Knight	Uxbridge	Gro	H24	H35	00:16:52	23	00:00:56	00:32:54	21	00:50:40	20	00:00:46	00:09:53	23	01:01:19	
6	580	Stefan van Neerven	Heerlen	Ned	H24	H35	00:17:52	41	00:01:03	00:31:23	6	00:50:16	19	00:00:48	00:10:29	40	01:01:32	
7	582	Alexander Sobolewski	Kidderminster	Gro	H24	H35	00:17:02	26	00:00:58	00:34:14	34	00:52:13	32	00:00:48	00:09:58	27	01:02:59	
8	587	Barron Mendelssohn	Cheshunt	Gro	H24	H35	00:17:36	38	00:00:54	00:33:51	33	00:52:20	33	00:00:43	00:10:05	30	01:03:07	
9	585	Colin Weller	Cambridge	Gro	H24	H35	00:17:12	35	00:01:06	00:34:26	37	00:52:44	34	00:00:57	00:09:54	24	01:03:33	
10	583	Steven Paddock	Caterham	Gro	H24	H35	00:17:16	36	00:01:07	00:34:24	36	00:52:46	35	00:00:44	00:10:19	35	01:03:48	
11	589	Kevan McCartney	Inverkip	Gro	H24	H35	00:17:57	43	00:01:07	00:33:44	32	00:52:48	36	00:00:51	00:10:15	33	01:03:53	
12	588	James Grantham	Andover	Gro	H24	H35	00:17:08	33	00:00:53	00:36:34	45	00:54:34	43	00:00:48	00:10:31	42	01:05:52	
13	584	Chris Aitken	Wokingham	Gro	H24	H35	00:18:26	46	00:01:31	00:35:21	42	00:55:16	44	00:00:48	00:10:49	44	01:06:53	
14	577	Mark McManus	Larne	Ier	H24	H35	00:17:53	42	00:01:00	00:36:47	47	00:55:39	46	00:00:52	00:10:57	45	01:07:26	

## Men 40-45

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	I
1	602	Alan Murchison	Winchester	Gro	H40	H40	00:14:47	1	00:00:50	00:31:31	3	00:47:07	2	00:00:41	00:08:41	1	00:56:29	
2	592	Coen de Wit	Arnhem	Ned	H40	H40	00:15:10	2	00:00:45	00:31:07	2	00:47:02	1	00:00:28	00:09:30	6	00:56:59	
3	616	Roland Besselink	Ugchelen	Ned	H40	H40	00:16:18	5	00:00:48	00:30:39	1	00:47:43	3	00:00:38	00:09:32	7	00:57:52	

4	618	Scott Wilson	Sheffield	Gro	H40	H40	00:15:26	3	00:01:12	00:31:46	4	00:48:23	4	00:01:03	00:09:18	3	00:58:43
5	596	Mark Flannery	Richmond	Gro	H40	H40	00:16:41	7	00:01:01	00:31:48	5	00:49:29	5	00:00:47	00:09:37	8	00:59:52
6	595	Abbi Westphal	Essen	Dui	H40	H40	00:16:16	4	00:00:55	00:33:00	8	00:50:10	6	00:00:45	00:09:15	2	01:00:09
7	611	David Jackson	Bolton	Gro	H40	H40	00:16:30	6	00:01:08	00:33:16	12	00:50:54	7	00:00:39	00:09:30	5	01:01:01
8	599	Stefan Gremmens	Callenelle	Bel	H40	H40	00:17:24	12	00:01:14	00:32:22	6	00:50:59	8	00:01:00	00:09:54	12	01:01:53
9	614	Mark Hanby	Corsham	Gro	H40	H40	00:17:33	14	00:00:51	00:32:39	7	00:51:01	9	00:00:40	00:10:14	16	01:01:54
10	609	Paul Hancock	Churton, Chester	Gro	H40	H40	00:16:58	8	00:01:06	00:33:04	9	00:51:07	10	00:00:55	00:09:55	13	01:01:56
11	598	Jochen Gutbrod	Jettenburg	Dui	H40	H40	00:17:02	10	00:01:07	00:33:05	10	00:51:13	11	00:00:55	00:09:50	10	01:01:57
12	608	Leslie Thomas	St Neots	Gro	H40	H40	00:16:58	9	00:01:08	00:33:59	18	00:52:04	13	00:00:42	00:09:28	4	01:02:13
13	607	Stuart McLeod	Gillingham	Gro	H40	H40	00:17:39	15	00:00:52	00:33:17	13	00:51:47	12	00:00:38	00:10:00	14	01:02:24
14	615	Shane Wolstencroft	Manchester	Gro	H40	H40	00:17:24	13	00:00:51	00:34:13	20	00:52:28	15	00:00:45	00:09:52	11	01:03:03
15	605	Alex Fife	Plymouth	Gro	H40	H40	00:18:01	17	00:00:51	00:33:32	14	00:52:23	14	00:00:38	00:10:07	15	01:03:07
16	601	Steven Kenny	Loughborough	Gro	H40	H40	00:17:58	16	00:01:18	00:33:52	17	00:53:07	19	00:01:05	00:09:41	9	01:03:53
17	603	Mark Patterson	Chinnor, Oxon	Gro	H40	H40	00:18:15	20	00:01:09	00:33:13	11	00:52:36	16	00:01:04	00:10:27	17	01:04:06
18	593	Martijn Kogelman	Zwolle	Ned	H40	H40	00:18:08	18	00:01:09	00:33:48	16	00:53:04	18	00:00:53	00:10:39	18	01:04:35
19	613	Paul Underwood	Solihull	Gro	H40	H40	00:18:10	19	00:01:05	00:33:48	15	00:53:02	17	00:00:59	00:10:50	19	01:04:49
20	597	Marco Jansen	Heesch	Ned	H40	H40	00:19:16	23	00:00:56	00:34:09	19	00:54:20	20	00:01:04	00:10:51	20	01:06:15
21	612	Craig Comery	Derby	Gro	H40	H40	00:18:38	22	00:00:59	00:34:55	21	00:54:31	21	00:00:49	00:11:02	21	01:06:20
22	604	Christian Roth	Sasbach	Dui	H40	H40	00:18:35	21	00:01:13	00:35:13	22	00:55:00	22	00:01:16	00:11:05	23	01:07:20
23	619	Lee Harkness	Helmshore	Gro	H40	H40	00:19:18	24	00:01:11	00:35:51	24	00:56:19	23	00:00:48	00:11:04	22	01:08:10
24	600	Stuart Reilly	Denham	Gro	H40	H40	00:20:04	25	00:01:11	00:35:30	23	00:56:44	24	00:00:56	00:12:21	24	01:10:01
25	610	David Stringer	Horsham	Gro	H40	H40	00:20:47	26	00:01:28	00:38:03	25	01:00:17	25	00:01:00	00:12:22	25	01:13:37
26	594	Mike Bornschein	Königswinter	Dui	H40	H40	00:21:27	27	00:01:40	00:42:24	26	01:05:30	26	00:01:38	00:13:09	26	01:20:15
27	606	Nathan Jansen	Stalybridge	Gro	H40	H40	00:17:22	11	00:00:53		0		0			0	
28	747	Lee Piercy	Bournemouth	Gro	H40	H40		0			0		0			0	

## Men 45-50

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	I
1	651	John Aalbers	Nijmegen	Ned	H45	H45	00:15:21	1	00:00:49	00:31:42	2	00:47:51	1	00:00:40	00:08:51	1	00:57:21	
2	637	Marcel Montag	Bad Klosterlausnitz	Dui	H45	H45	00:16:10	3	00:01:02	00:32:03	4	00:49:15	2	00:00:45	00:09:04	2	00:59:03	
3	641	Craig Dyce	Saffron Walden	Gro	H45	H45	00:16:08	2	00:00:52	00:32:27	5	00:49:26	3	00:00:39	00:09:25	3	00:59:30	
4	631	Marco Hoogenraad	Rijswijk Zh	Ned	H45	H45	00:17:17	7	00:01:01	00:31:49	3	00:50:06	5	00:00:42	00:09:49	5	01:00:35	
5	636	Jaffre Pierrick	Betton	Fra	H45	H45	00:16:52	4	00:00:44	00:33:13	7	00:50:48	6	00:00:28	00:09:37	4	01:00:52	
6	645	Gavin Francis	London	Gro	H45	H45	00:17:49	8	00:00:51	00:31:22	1	00:50:01	4	00:00:48	00:10:50	10	01:01:38	
7	640	Robin Harris	London	Gro	H45	H45	00:18:15	12	00:00:52	00:33:05	6	00:52:11	8	00:00:40	00:10:21	6	01:03:11	
8	638	Dan Foster	Dedham	Gro	H45	H45	00:18:07	10	00:00:53	00:33:28	9	00:52:27	9	00:00:43	00:10:21	7	01:03:31	
9	646	David Morley	Leeds	Gro	H45	H45	00:18:11	11	00:01:02	00:33:39	10	00:52:51	10	00:00:45	00:10:44	9	01:04:18	
10	648	Adrian Wadsworth	Amphill	Gro	H45	H45	00:17:06	6	00:01:11	00:33:20	8	00:51:36	7	00:01:18	00:12:26	17	01:05:19	
11	650	Paul Wain	Macclesfield	Gro	H45	H45	00:17:55	9	00:00:58	00:35:46	13	00:54:39	11	00:00:57	00:11:21	13	01:06:56	
12	647	Andrew Bowler	Gerrards Cross	Gro	H45	H45	00:19:01	15	00:01:13	00:36:05	15	00:56:18	14	00:01:01	00:10:27	8	01:07:45	
13	644	Simon Powell	Horley	Gro	H45	H45	00:20:25	19	00:01:07	00:33:55	11	00:55:26	12	00:01:00	00:11:33	14	01:07:57	
14	634	Nils Peter	Bad Oldesloe	Dui	H45	H45	00:19:29	17	00:00:58	00:36:04	14	00:56:29	15	00:00:48	00:11:52	15	01:09:08	
15	632	Michael Duke	Eastbourne	Gro	H45	H45	00:18:48	14	00:01:19	00:36:39	16	00:56:45	16	00:01:18	00:11:18	12	01:09:20	
16	652	Patrick Kegels	Mechelen	Bel	H45	H45	00:19:52	18	00:01:18	00:34:57	12	00:56:05	13	00:01:32	00:12:05	16	01:09:41	
17	643	Patrick O'Connor	Wakefield	Gro	H45	H45	00:19:05	16	00:01:15	00:37:27	17	00:57:46	17	00:01:05	00:10:54	11	01:09:45	

18	635	Keena Braun	Bornhöved	Dui	H45	H45	00:21:46	21	00:01:03	00:39:03	18	01:01:51	18	00:01:03	00:13:05	18	01:15:59
19	630	Alfred Spieker	Achern	Dui	H45	H45	00:18:35	13	00:01:00		0		0				0
20	642	Thomas Heider	Offstein	Dui	H45	H45	00:16:55	5	00:01:05		0		0				0
21	649	Vincent Roe	Silverstone	Gro	H45	H45	00:20:48	20	00:01:10		0		0				0

## Men 50-55

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	I
1	670	Richard Parker	Hexham	Gro	H50	H50	00:15:58	1	00:00:49	00:33:24	4	00:50:10	1	00:00:36	00:09:09	1	00:59:55	
2	663	Peter Altner	Halle	Dui	H50	H50	00:16:50	2	00:01:01	00:32:24	3	00:50:14	2	00:00:52	00:09:29	2	01:00:34	
3	660	Hermann-Josef Limburg	Heinsberg	Dui	H50	H50	00:17:37	5	00:00:53	00:32:23	2	00:50:52	4	00:00:49	00:10:06	5	01:01:46	
4	664	Greg Lewis	Haddenham	Gro	H50	H50	00:18:05	7	00:00:56	00:31:51	1	00:50:52	3	00:00:59	00:10:30	10	01:02:19	
5	675	Dave Gough	Northwich	Gro	H50	H50	00:17:26	3	00:01:13	00:34:35	8	00:53:12	6	00:00:49	00:10:01	3	01:04:01	
6	669	Jon Cowell	Woburn	Gro	H50	H50	00:18:21	9	00:00:57	00:34:19	7	00:53:37	7	00:00:44	00:10:19	6	01:04:39	
7	672	Stephen Valentine	London	Gro	H50	H50	00:17:57	6	00:01:08	00:34:42	10	00:53:46	8	00:00:57	00:10:23	9	01:05:06	
8	665	David Robbins	Petersfield	Gro	H50	H50	00:18:36	11	00:01:14	00:34:35	9	00:54:23	10	00:00:52	00:10:22	8	01:05:36	
9	671	Nigel Arlidge	Coventry	Gro	H50	H50	00:18:32	10	00:01:04	00:34:53	11	00:54:28	11	00:00:53	00:10:20	7	01:05:40	
10	668	Kevin Gover	Trowbridge	Gro	H50	H50	00:19:09	14	00:01:01	00:34:10	6	00:54:19	9	00:00:59	00:11:04	12	01:06:21	
11	661	Mark Waaijbergen	Brummen	Ned	H50	H50	00:18:13	8	00:01:13	00:36:04	14	00:55:28	13	00:00:56	00:11:14	14	01:07:37	
12	676	Steve Grout	Epsom	Gro	H50	H50	00:19:08	13	00:01:09	00:36:01	13	00:56:17	14	00:01:01	00:10:40	11	01:07:57	
13	666	Matt Rylatt	York	Gro	H50	H50	00:19:19	16	00:00:55	00:34:56	12	00:55:08	12	00:01:06	00:11:49	17	01:08:03	
14	677	Keith Emery	Wigan	Gro	H50	H50	00:19:02	12	00:01:17	00:38:27	18	00:58:45	16	00:01:20	00:11:05	13	01:11:09	
15	667	Jeremy Stoneham	Bath	Gro	H50	H50	00:19:18	15	00:01:10	00:38:14	17	00:58:42	15	00:00:55	00:11:46	16	01:11:21	
16	674	Simon Woodward	Kingsley	Gro	H50	H50	00:20:21	17	00:01:26	00:37:47	16	00:59:33	17	00:01:02	00:11:24	15	01:11:59	
17	673	Nick Beale	Daventry	Gro	H50	H50	00:23:14	19	00:01:15	00:39:56	19	01:04:24	19	00:01:07	00:13:56	19	01:19:27	
18	662	Austin O'Sullivan	Dublin	Ier	H50	H50	00:24:18	20	00:01:39	00:47:21	20	01:13:17	20	00:01:30	00:15:34	20	01:30:20	

## Men 55-60

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DC
1	682	Ralf Laermann	Erkelenz	Dui	H55	H55	00:16:52	1	00:00:57	00:32:27	1	00:50:15	2	00:00:52	00:09:22	1	01:00:28	
2	679	Heinrich Wilmink	Nordhorn	Dui	H55	H55	00:16:56	2	00:00:49	00:32:29	2	00:50:14	1	00:00:47	00:10:03	3	01:01:03	
3	694	Roy Flanagan	Rossendale	Gro	H55	H55	00:17:35	3	00:01:04	00:33:39	6	00:52:17	4	00:00:55	00:09:55	2	01:03:06	
4	681	Heinz Storz	Ludwigshafen	Dui	H55	H55	00:18:12	5	00:00:51	00:32:58	3	00:52:00	3	00:00:42	00:10:36	5	01:03:17	
5	684	Wout Graafmans	Gilze	Ned	H55	H55	00:18:18	6	00:00:49	00:33:17	5	00:52:23	5	00:00:37	00:10:36	6	01:03:35	
6	680	Claus Mees	Ludwigshafen	Dui	H55	H55	00:18:30	7	00:00:53	00:33:43	7	00:53:05	6	00:01:14	00:10:46	9	01:05:04	
7	683	Stirling Farmer	Hunnington	Gro	H55	H55	00:19:02	11	00:01:09	00:34:14	8	00:54:24	10	00:00:47	00:10:33	4	01:05:44	
8	686	Geoffrey Brewster	Chatteris	Gro	H55	H55	00:18:08	4	00:01:09	00:35:05	11	00:54:21	9	00:00:55	00:10:38	7	01:05:53	
9	685	William Reed	Winchester	Gro	H55	H55	00:18:50	9	00:00:56	00:34:59	10	00:54:43	11	00:00:51	00:10:39	8	01:06:12	
10	695	Ron Hendriks	Wijchen	Ned	H55	H55	00:20:03	14	00:01:00	00:33:13	4	00:54:15	7	00:00:50	00:11:20	12	01:06:25	
11	696	Nicholas John Dinsdale	Clitheroe	Gro	H55	H55	00:18:49	8	00:01:05	00:34:24	9	00:54:18	8	00:01:05	00:11:15	11	01:06:36	
12	692	Carlo Croce	Milano	Ita	H55	H55	00:19:22	13	00:00:54	00:35:59	12	00:56:13	12	00:00:53	00:11:31	13	01:08:37	
13	688	Tim Randell	Rugby	Gro	H55	H55	00:19:00	10	00:01:13	00:36:28	14	00:56:39	14	00:00:59	00:11:33	14	01:09:11	
14	690	Paul Winter	Brighton	Gro	H55	H55	00:20:28	15	00:01:17	00:36:54	15	00:58:37	15	00:00:58	00:12:12	16	01:11:45	
15	691	Geoff Newman	Fleet	Gro	H55	H55	00:20:57	16	00:01:12	00:38:32	17	01:00:40	17	00:01:01	00:12:09	15	01:13:50	
16	687	Howard Beale	Northampton	Gro	H55	H55	00:22:21	17	00:01:19	00:36:59	16	01:00:39	16	00:01:10	00:13:42	17	01:15:29	
17	689	Piotr Bienkowski	Southport	Gro	H55	H55	00:24:47	18	00:01:20	00:43:26	18	01:09:32	18	00:01:19	00:13:58	18	01:24:48	

## Men 60-65

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	706	Barry Jameson	Hexham	Gro	H60	H60	00:17:37	1	00:00:44	00:32:42	1	00:51:03	1	00:00:41	00:10:17	3	01:02:00	
2	700	Dave Littlemore	Gateshead	Gro	H60	H60	00:17:39	2	00:00:54	00:34:17	3	00:52:49	3	00:00:52	00:10:02	1	01:03:41	
3	704	Dino Beretta	Carnate	Ita	H60	H60	00:17:45	3	00:00:39	00:34:02	2	00:52:25	2	00:01:05	00:10:13	2	01:03:42	
4	705	Ron Skilling	Bowdon	Gro	H60	H60	00:18:49	4	00:00:41	00:35:03	4	00:54:32	4	00:00:48	00:10:46	4	01:06:05	
5	710	James Chisholm	Barnsley	Gro	H60	H60	00:19:11	5	00:01:03	00:36:05	7	00:56:18	5	00:00:47	00:10:56	5	01:08:01	
6	701	Tom Berkouwer	Vlaardingen	Ned	H60	H60	00:19:57	6	00:01:07	00:35:33	6	00:56:36	6	00:01:07	00:11:19	7	01:09:01	
7	702	Derek Bardsley	Dorchester	Gro	H60	H60	00:20:26	8	00:01:10	00:35:07	5	00:56:42	7	00:01:05	00:12:11	9	01:09:57	
8	703	Malcolm Hector	Stirling	Gro	H60	H60	00:20:24	7	00:00:53	00:38:03	9	00:59:19	8	00:00:47	00:11:20	8	01:11:25	
9	708	Peter Jagan	Keighley	Gro	H60	H60	00:20:27	9	00:01:18	00:37:48	8	00:59:32	9	00:00:59	00:11:15	6	01:11:44	
10	709	Keith Lyon	Folkestone	Gro	H60	H60	00:21:21	10	00:01:10	00:38:07	10	01:00:37	10	00:01:10	00:12:12	10	01:13:58	
11	711	Norman Purnell	Wigan	Gro	H60	H60	00:22:19	11	00:01:26	00:38:41	11	01:02:26	11	00:01:12	00:13:03	11	01:16:39	
12	707	Paul Turner	Gloucester	Gro	H60	H60	00:22:53	12	00:00:58	00:41:27	12	01:05:17	12	00:00:46	00:13:44	12	01:19:45	
13	699	Jo Klerken	Venlo	Ned	H60	H60	00:25:46	13	00:01:10	00:43:20	13	01:10:15	13	00:01:03	00:15:23	13	01:26:40	

## Men 65-70

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	717	Clive Faine	Milton Keynes	Gro	H65	H65	00:17:03	1	00:00:45	00:32:15	1	00:50:02	1	00:00:37	00:09:45	1	01:00:23	
2	716	Roland Jochem	Bad Dürkheim	Dui	H65	H65	00:21:12	2	00:01:00	00:34:58	2	00:57:09	2	00:00:49	00:12:08	3	01:10:05	
3	714	Michael Smallwood	Daventry	Gro	H65	H65	00:22:06	4	00:01:17	00:35:18	3	00:58:40	3	00:00:59	00:12:29	4	01:12:07	
4	713	Hans Fröbler	Bergisch Gladbach	Dui	H65	H65	00:21:46	3	00:00:55	00:37:26	4	01:00:05	4	00:00:44	00:12:05	2	01:12:53	
5	715	Werner Nesseler	Kaiserslautern	Dui	H65	H65	00:24:09	5	00:01:37	00:41:03	5	01:06:49	5	00:01:23	00:13:15	5	01:21:27	
6	712	Christian Galtier	Rueil Malmaison	Fra	H65	H65	00:25:47	6	00:01:53	00:41:52	6	01:09:30	6	00:01:42	00:15:10	6	01:26:22	

## Men 70-75

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	754	Karl-Heinz Tiefengraber	Mürzsteg	Oos	H70	H70	00:21:02	1	00:01:22	00:35:04	1	00:57:28	1	00:00:50	00:11:26	1	01:09:43	
2	719	Ernst Zeh	Groß-Gerau	Dui	H70	H70	00:22:11	2	00:01:11	00:35:55	2	00:59:16	2	00:00:51	00:12:29	2	01:12:35	
3	720	Bob Thomas	Rustington	Gro	H70	H70	00:23:54	3	00:00:58	00:39:12	3	01:04:04	3	00:00:43	00:13:47	3	01:18:32	

## Men 75-80

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	723	Theo Herberger	Rülzheim	Dui	H75	H75	00:26:51	2	00:02:00	00:36:41	1	01:05:31	1	00:01:27	00:15:17	1	01:22:14	
2	724	Josef Osterkamp	Coesfeld	Dui	H75	H75	00:26:49	1	00:01:34	00:38:13	2	01:06:36	2	00:01:57	00:16:00	2	01:24:33	
3	722	Maurice Young	Braintree	Gro	H75	H75	00:32:32	3	00:02:15	00:44:47	3	01:19:32	3	00:02:01	00:18:49	3	01:40:21	

## Men 80+

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	725	Brian Wilfred Forster	AshtonHayes, Chester	Gro	H80	H80	00:29:18	1	00:01:19	00:47:51	1	01:18:28	1	00:01:12	00:17:28	1	01:37:06	

## Men Open

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	752	Daniel White - open	London	Gro	H50	HO	00:17:29	4	00:00:50	00:33:54	5	00:52:13	5	00:00:38	00:10:03	4	01:02:52	

2	753	Adam Pyzio -open	Erkelenz	Dui	H55	HO	00:19:14	12	00:01:10	00:36:10	13	00:56:33	13	00:00:49	00:10:55	10	01:08:16
3	751	Bert ABmy -open	Fuldataal	Dui	H50	HO	00:22:11	18	00:01:24	00:37:29	15	01:01:03	18	00:01:07	00:12:50	18	01:14:59
4	755	André Van Puyenbroeck - open	Asse	Bel	H70	HO	00:25:37	4	00:01:09	00:42:48	4	01:09:33	4	00:00:54	00:14:28	4	01:24:54

## Women 20-25

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	492	Dieuwertje Poort	Moergestel	Ned	D20	D20	00:18:17	4	00:00:49	00:33:19	1	00:52:24	1	00:00:36	00:10:14	4	01:03:13	
2	501	Anna Noguera	Igualada	Spa	D20	D20	00:17:38	3	00:00:52	00:35:06	3	00:53:35	3	00:00:47	00:10:07	3	01:04:28	
3	502	Eloise du Luart	Moreton in Marsh	Gro	D20	D20	00:16:55	2	00:01:06	00:36:29	7	00:54:29	4	00:00:44	00:09:43	2	01:04:56	
4	499	Marine Chalaye	St Cyr Sous Dourdan	Fra	D20	D20	00:18:46	6	00:00:57	00:34:54	2	00:54:36	5	00:00:40	00:10:56	6	01:06:11	
5	495	Cindy van der Avoort	Nijmegen	Ned	D20	D20	00:18:36	5	00:00:47	00:35:48	5	00:55:11	6	00:00:45	00:10:55	5	01:06:49	
6	498	Anne Reintjes	Castenray	Ned	D20	D20	00:21:35	7	00:00:55	00:35:58	6	00:58:27	7	00:00:47	00:13:52	7	01:13:05	
7	500	Vicky Smith	Reading	Gro	D20	D20	00:22:16	8	00:00:57	00:39:00	8	01:02:13	8	00:00:55	00:14:05	8	01:17:12	

## Women 25-30

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	529	India Lee	Little Somborne	Gro	D24	D25	00:16:34	1	00:00:54	00:33:36	3	00:51:02	1	00:00:39	00:09:26	1	01:01:07	
2	532	Maria Hivner	Augsburg	Dui	D24	D25	00:17:23	2	00:00:52	00:33:31	2	00:51:45	2	00:00:40	00:10:16	2	01:02:40	
3	526	Juriena de Vries	Nijmegen	Ned	D24	D25	00:18:00	3	00:00:54	00:34:58	5	00:53:51	4	00:00:45	00:10:19	3	01:04:54	
4	530	Samantha Anderson	Stourport On Severn	Gro	D24	D25	00:18:43	9	00:01:11	00:36:20	9	00:56:13	8	00:00:48	00:10:50	9	01:07:50	
5	527	Suzanne Robinson	Haddenham, Bucks	Gro	D24	D25	00:20:53	15	00:01:05	00:34:14	4	00:56:11	7	00:00:53	00:11:35	14	01:08:38	
6	528	Lauren Bradshaw	Nottingham	Gro	D24	D25	00:19:17	12	00:01:04	00:38:58	15	00:59:18	14	00:00:42	00:10:46	7	01:10:45	
7	531	Rebecca Cousins	Spalding	Gro	D24	D25	00:18:07	4	00:01:03	00:42:30	18	01:01:39	15	00:00:49	00:10:23	5	01:12:50	

## Women 30-35

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	550	Mathilde Pauls	Exeter	Gro	D24	D30	00:18:45	10	00:01:18	00:33:26	1	00:53:27	3	00:01:16	00:10:53	11	01:05:36	
2	552	Charlotte Harris	Oxford	Gro	D24	D30	00:18:07	5	00:01:07	00:38:13	13	00:57:26	10	00:00:48	00:10:29	6	01:08:42	
3	551	Erica Martin	Haywards Heath	Gro	D24	D30	00:18:47	11	00:01:09	00:38:23	14	00:58:18	12	00:01:02	00:10:19	4	01:09:39	
4	555	Holly Ferrar	Plymouth	Gro	D24	D30	00:19:50	13	00:01:15	00:36:31	10	00:57:35	11	00:01:00	00:11:25	13	01:09:59	
5	554	Lydia Adelin	Derby	Gro	D24	D30	00:20:50	14	00:01:00	00:36:33	11	00:58:21	13	00:00:52	00:12:22	15	01:11:35	
6	553	Hélène Belmans	CHester	Gro	D24	D30	00:25:32	18	00:01:32	00:40:00	17	01:07:03	18	00:01:48	00:16:48	18	01:25:38	

## Women 35-40

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	748	Fran Bungay	Wareham	Gro	D24	D35	00:18:20	6	00:01:02	00:35:14	6	00:54:35	5	00:00:46	00:10:53	10	01:06:13	
2	572	Christine Bertram	Eastbourne	Gro	D24	D35	00:18:42	8	00:00:53	00:36:09	7	00:55:43	6	00:00:44	00:10:47	8	01:07:13	
3	573	Jennifer Spillane	NR buxton	Gro	D24	D35	00:18:29	7	00:01:08	00:37:26	12	00:57:02	9	00:00:55	00:11:02	12	01:08:57	
4	574	Kate Peers	Knutsford	Gro	D24	D35	00:22:50	16	00:01:16	00:39:03	16	01:03:07	17	00:00:59	00:13:11	16	01:17:16	

## Women 40-45

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	591	Sue Walker	Okehampton	Gro	D40	D40	00:19:14	1	00:01:13	00:37:50	1	00:58:17	1	00:01:03	00:10:34	1	01:09:52	

## Women 45-50

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	626	Jacqui Phillips	Ombersley	Gro	D45	D45	00:17:59	1	00:01:05	00:33:38	1	00:52:41	1	00:01:18	00:10:48	2	01:04:47	
2	621	Anke Lakies	Bad Oldesloe	Dui	D45	D45	00:18:57	3	00:01:01	00:35:15	2	00:55:12	2	00:00:48	00:10:45	1	01:06:43	
3	737	Polly Rogers-Dixon	London	Ier	D45	D45	00:18:54	2	00:00:58	00:36:57	3	00:56:48	3	00:01:02	00:11:00	3	01:08:49	
4	624	Diana Mull	Bornhöved	Dui	D45	D45	00:20:08	4	00:01:08	00:37:20	5	00:58:35	4	00:00:53	00:11:32	4	01:10:59	
5	620	Guusje Vrehe	Maastricht	Ned	D45	D45	00:23:09	10	00:01:37	00:37:15	4	01:02:00	5	00:00:55	00:13:24	9	01:16:19	
6	625	Rachel Kenny	Loughborough	Gro	D45	D45	00:21:28	6	00:01:18	00:40:40	7	01:03:25	7	00:01:02	00:12:00	5	01:16:26	
7	736	Maureen Wilkens	Manchester	Gro	D45	D45	00:21:21	5	00:01:20	00:40:43	8	01:03:23	6	00:01:15	00:13:05	8	01:17:42	
8	622	Gaby Kerkhoffs	Valkenburg Lb	Ned	D45	D45	00:22:22	9	00:01:09	00:40:03	6	01:03:33	8	00:00:50	00:13:27	10	01:17:48	
9	627	Rachael Slack	Milton Keynes	Gro	D45	D45	00:21:42	7	00:01:18	00:42:37	9	01:05:36	9	00:00:58	00:12:42	6	01:19:14	
10	628	Tracey Apperley	Great Bradley	Gro	D45	D45	00:21:52	8	00:01:19	00:45:42	11	01:08:51	10	00:01:14	00:12:51	7	01:22:55	
11	726	Brigitta Honingh	Grubbenvorst	Ned	D45	D45	00:24:10	11	00:01:21	00:44:15	10	01:09:45	11	00:01:24	00:13:53	11	01:25:01	

## Women 50-55

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	656	Haike Nillesen	Eelde	Ned	D50	D50	00:19:19	1	00:00:55	00:36:01	1	00:56:15	1	00:00:51	00:11:01	1	01:08:06	
2	735	Elizabeth O'Connor	London	Ier	D50	D50	00:20:03	3	00:01:04	00:38:14	2	00:59:20	2	00:01:00	00:11:33	3	01:11:51	
3	655	Gabi Hirsemann	Berlin	Dui	D50	D50	00:19:51	2	00:01:06	00:40:31	5	01:01:27	4	00:01:08	00:11:22	2	01:13:56	
4	659	Kathrin Kaindl	Neustadt	Dui	D50	D50	00:21:34	4	00:01:02	00:38:36	3	01:01:11	3	00:01:06	00:12:27	4	01:14:43	
5	653	Susanne Apfel	Pfarrkirchen	Dui	D50	D50	00:21:54	5	00:01:24	00:40:17	4	01:03:34	5	00:01:01	00:12:50	5	01:17:24	
6	654	Monika Suhrbier	Norderstedt	Dui	D50	D50	00:25:59	7	00:01:00	00:43:59	6	01:10:57	6	00:00:55	00:15:09	7	01:27:00	
7	657	Helen Mendoza	Brighton	Gro	D50	D50	00:25:48	6	00:01:13	00:47:33	7	01:14:33	7	00:00:53	00:14:47	6	01:30:13	

## Women 55-60

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	678	Sandra Powell-Bevan	Rugby	Gro	D55	D55	00:25:11	1	00:01:30	00:46:54	1	01:13:34	1	00:01:48	00:15:44	1	01:31:05	

## Women 60-65

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	697	Ria Jotter	Dannstadt	Dui	D60	D60	00:21:42	2	00:01:13	00:39:13	1	01:02:06	1	00:01:02	00:12:32	1	01:15:39	
2	698	Sharon Bardsley	Dorchester	Gro	D60	D60	00:21:28	1	00:01:32	00:41:40	2	01:04:38	2	00:01:20	00:12:43	2	01:18:40	

## Women 70-75

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	718	Frieda Metz	Hadamar	Dui	D70	D70	00:27:10	1	00:01:54	00:42:41	1	01:11:44	1	00:02:05	00:15:56	1	01:29:44	

## Women 75-80

Nr	RaceNo	Name	City	Nation	Cat	CatEK	Run1	RkR1	Ch1	Bike	RkB	AftBk	Rk	Ch2	Run2	RkR2	Total	DQ
1	721	Gabriele Pelz	Augsburg	Dui	D75	D75	00:41:01	1	00:01:35	00:52:17	1	01:34:52	1	00:01:18	00:23:08	1	01:59:17	